

#### ATTI DEI DIRETTORI DELLE SEZIONI DI RICERCA SCIENTIFICA O TECNOLOGICA, DELLE STRUTTURE TECNICHE DI SERVIZIO E DEI DIRIGENTI

#### Atto n. GEO 52 ADW del 03/02/2025

Oggetto: Pubblicazione in open access dell'articolo scientifico "Raising public awareness on anthropogenic underwater noise by means of playful activities and serious games" sulla rivista "Frontiers in Communication Science and Environmental Communication". Importo complessivo USD 1.285,00 (€ 1.236,05 - cambio del 29/01/2025), IVA esclusa. Oneri di sicurezza interferenziale non soggetti a ribasso d'asta: € 0,00. Affidamento diretto, ai sensi dell'art. 50, comma 1, lettera b), del D.Lgs. n. 36/2023 e s.m.i., alla società Frontiers Media SA, di Lausanne (Svizzera), VAT Number CHE-114.168.540 TVA. CIG n. B57354894C, CUP n. G39J23000990009.

#### IL DIRETTORE DELLA SEZIONE DI RICERCA SCIENTIFICA GEOFISICA

- Premesso che il dott. Paolo Diviacco ha richiesto (<u>Allegato n. 1</u>), di procedere con l'acquisto del servizio di pubblicazione in open access dell'articolo scientifico "Raising public awareness on anthropogenic underwater noise by means of playful activities and serious games" di cui è co-autore con il dott. Massimiliano lurcev, sulla rivista "Frontiers in Communication Science and Environmental Communication" (rdf GEO n. 06/2025);
   tenuto conto
- tenuto conto del prestigio dell'editore Frontiers Media SA e della diffusione delle sue pubblicazioni;
- ricevuta e ritenuta congrua, la fattura n. 2024-1221471-4 di data 24/01/2025, inviata dalla società Frontiers Media SA, di Lausanne (Svizzera), contenente il corrispettivo per il servizio richiesto, al costo complessivo di USD 1.285,00 (pari a € 1.236,05 al cambio del 29/01/2025), IVA esclusa (Allegato n. 2);
- preso atto che la spesa massima stimata per la fornitura risulta inferiore alla soglia di € 5.000,00;
- tenuto conto inoltre delle disposizioni contenute nella c.d. Legge di Stabilità 2016 (L. 28/12/2015, n. 208), modificata con la c.d. Legge di Stabilità 2019, laddove è possibile effettuare acquisti di beni e servizi di valore inferiore ad € 5.000,00 (IVA esclusa) al di fuori del MePA Consip;
- considerato l'art. 50, comma 1, lettera b), del D.Lgs. n. 36/2023 e s.m.i. (di seguito "Codice"), laddove si dispone che le stazioni appaltanti possano procedere, per importi inferiori a € 140.000,00, ad affidamenti diretti anche senza previa consultazione di più operatori economici;
- ritenuto applicabile, nella fattispecie, quanto previsto dall'art. 49, comma 6, del Codice, laddove si consente di derogare al principio di rotazione per affidamenti diretti di importo inferiore ad € 5.000,00, IVA esclusa;

verificato	infine che risultano applicabili le disposizioni di cui all'art. 10, comma 3, del D.Lgs. 25/11/2016, n. 218 (Semplificazione delle attività degli Enti Pubblici di ricerca ai sensi dell'art. 13 della L. 7/8/2015, n. 124), in quanto la fornitura in oggetto è funzionalmente collegata e destinata ad attività di ricerca, non sussistendo quindi l'obbligo di ricorso al mercato elettronico della Pubblica Amministrazione (MePA);		
visto	l'articolo 26, comma 3 bis del D.Lgs. 9 aprile 2008, n. 81, la fornitura di cui trattasi non comporta rischi da interferenza, per cui non è stato redatto il DUVRI;		
visto	l'art. 53 comma 4 del Codice laddove si prevede che in casi debitamente motivati è facoltà della stazione appaltante non richiedere la garanzia definitiva per l'esecuzione dei contratti;		
considerato	erato il modesto importo dell'affidamento;		
visti	gli articoli 17 e 53 del Codice;		
	gli articoli da 1 a 11 del Codice;		
	l'articolo 15 del Codice, l'Allegato I.2 del Codice e l'articolo 6 della L. 241/1990 e s.m.i.;		
	l'articolo 16 del Codice, relativo all'individuazione e gestione dei conflitti di interesse nelle procedure di affidamento di contratti pubblici;		
	il Patto d'integrità approvato con determinazione del Direttore Generale n. 230 ADW del 12/05/2023;		
dato atto	che, ai sensi di quanto disposto dall'art. 15 del D.Lgs. n. 36/2023 e s.m.i., la sottoscritta è la Responsabile Unica del Progetto (RUP) della procedura di cui trattasi;		
preso atto	che non ricorrono nel caso di specie motivi di incompatibilità o di conflitto di interesse, nei confronti della scrivente, ai sensi della vigente normativa in materia di contrasto alla corruzione;		
ritenuto	di nominare la sig.ra Simona Cassaro, collaboratore amministrativo dell'Ufficio Centralizzato per gli Acquisti (UCA), responsabile dell'istruttoria della procedura di cui trattasi;		
visto	il vigente Regolamento di Amministrazione Contabilità e Finanza dell'OGS;		
visto	il Regolamento interno per la definizione delle procedure di acquisto di lavori, servizi e forniture, approvato in data 27/03/2023;		
vista	la determinazione della Direttrice Generale n. 76 ADW dd. 09/02/2024 avente ad oggetto: "Delega temporanea in materia di contratti pubblici di lavori, servizi e forniture ai Direttori delle Sezioni di ricerca/Centri di ricerca e delle Strutture Tecniche di servizio e ai Dirigenti Amministrativi dell'OGS.";		
richiamata	la deliberazione del Consiglio di Amministrazione n. 107 ADW adottata nella seduta del 12.12.2024 avente ad oggetto: "Sezioni di Geofisica e di Oceanografia: incarico di direzione ad interim alla Direttrice Generale nelle more del completamento della procedura per la selezione dei nuovi direttori.";		
pertanto	sulla base delle premesse di cui sopra,		

#### DETERMINA

1. di procedere, per i motivi esposti in premessa, all'affidamento diretto alla società Frontiers Media SA, di Lausanne (Svizzera), VAT Number CHE-114.168.540 TVA, del servizio di pubblicazione in open access dell'articolo scientifico "Raising public awareness on anthropogenic underwater noise by means of playful activities and serious games" sulla rivista "Frontiers in Communication Science and Environmental Communication" ai sensi

Istituto nazionale di oceanografia e di geofisica sperimentale - OGS - Atto n. GEO 52 ADW del 03/02/2025

dell'art. 50, comma 1, lettera b), del Codice, al costo complessivo di USD 1.285,00 (pari ad € 1.236,05, al cambio del 29/01/2025);

- 2. per le ragioni sopra descritte e per quanto previsto dall'art. 53, comma 4, del Codice, di non richiedere all'affidatario la prestazione della garanzia definitiva;
- 3. di autorizzare la stipula del contratto mediante scambio di corrispondenza;
- di dare atto che per la spesa complessiva pari a, stimati, € 1.507,98 IVA compresa, è stata effettuata la registrazione anticipata su U.O. GEO n. ID DG 31861, n. registrazione 3/2025, CODICE PROGETTO 102021\_A.1\_BAAS\_490\_STUDIO\_SERV\_NAZ, CUP n. G39J23000990009;
- di dare atto che, ai sensi di quanto disposto dall'art. 15 del Codice, la Responsabile Unica del Progetto in oggetto è la sottoscritta mentre la sig.ra Simona Cassaro funge da Responsabile dell'Istruttoria;
- 6. di dare atto che il presente procedimento sarà oggetto ad avviso di post-informazione mediante pubblicazione sul profilo istituzionale del committente, nella Sezione Amministrazione Trasparente/Bandi di Gara e contratti.

LA DIRETTRICE GENERALE Dott.ssa Paola Del Negro

# Elenco firmatari

ATTO SOTTOSCRITTO DIGITALMENTE AI SENSI DEL D.P.R. 445/2000 E DEL D.LGS. 82/2005 E SUCCESSIVE MODIFICHE E INTEGRAZIONI

#### Questo documento è stato firmato da:

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#### MODULO RICHIESTA FORNITURA/SERVIZIO

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#### Oggetto: Relazione RDF pubblicazione open access su Frontiers

L'infrastruttura di gestione dei dati geofisici si sta impegnando in vari campi tra I quali anche quello della acquisizione di dati ambientali per il monitoraggio del rumore antropico in mare. Sono gia' stati sviluppati una serie di progetti in materia come ad esempio il progetto POR-FESR CORMA che prevedeva lo sviluppo di un sistema di monitoraggio in continuo su boe dell'OGS, oppure NoiXApp una app per telefonino che permette la misurazione ed invio in tempo reale di info sul rumore ambientale. Queste esperienze sono state anche pubblicate: Diviacco P et al (2021).

Nell'ambito delle attivita' di monitoraggio del rumore sono state ideate una serie di attivita' ludiche per divulgare le problematiche collegate al rumore antropico in mare.

A tal fine Lo scrivente ed il collega lurcev abbiamo sviluppato un gioco interattivo che consente di provare l'esperienza dell'effetto masking che crea problemi alle specie marine. Le attivita' sono state utilizzate in molti eventi di divulgazione in Italia ed all'estero.

Abbiamo pensato di pubblicare la nostra esperienza su una rivista specializzata

La pubblicazione e' stata accettata dalla rivista Frontiers.

La spesa gravera' sulla commessa

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In fede

Paolo Diviacco Coordinatore del Gruppo di Distribuzione dati geofisici



# Raising public awareness on anthropogenic underwater noise by means of playful activities and serious games

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7 Keywords: Underwater anthropogenic noise<sub>1</sub>, Masking <sub>2</sub>, Serious games <sub>3</sub>, Playful activities <sub>4</sub>,

8 Scientific literacy<sub>5</sub>.

#### 9 Abstract

10 Anthropogenic underwater noise can seriously affect the marine environment and species. Although great progress has been made both from a normative and scientific point of view, public perception of 11 12 this hazard is very limited. The Noixe project addresses precisely this gap and aims to raise collective 13 awareness of this problem and the role each of us can play in reducing the impact on the 14 environment. This paper describes what we have developed to raise knowledge and awareness of this 15 issue through playful activities and serious games both in live situations and online. The Noixe 16 events are divided into two sections: First, all the concepts needed to understand anthropogenic noise 17 are explained using experiences that anyone can have in their lives. For example, it is possible to 18 explain how noise can make a message contained in an acoustic signal unrecognizable, staging the 19 case of a teacher explaining something to a noisy class. The second moment of a Noixe event is the 20 serious game. Here, in a quiz-like environment, two teams compete against each other to guess a set 21 of sounds that are initially masked by noise. The system we developed makes it possible to gradually 22 reduce the volume of the noise and increase the volume of the sound until it becomes intelligible. The 23 team that identifies more sounds wins. The online version of Noixe is built on a similar workflow but 24 cannot offer all the features of the live events. In particular, it is very difficult to recreate collective 25 experiences such as team games due to possible connectivity issues. This is why we opted for a 26 single user mode. We have found that our approach is very effective in raising awareness on the topic of anthropogenic noise in both live and online settings. This is demonstrated by the fact that 27 practically all Noixe participants decided to join citizen science activities on noise monitoring we 28 29 later offered them. In this paper we present the technical details of the activities we have developed

30 so that anyone can replicate and improve our work.

#### 31 **1 Introduction**

- 32 Light does not penetrate deep at sea due to turbidity. Other senses such as smell or taste may also be
- 33 limited due to the loss of information in marine ecosystems (Popper and Hawkins, 2019).
- Conversely, sound in water travels faster than in air and it is also less attenuated, which, in general
- 35 enables it to reach long distances. In this, high frequencies are filtered out faster than low frequencies
- 36 meaning that these latter can reach longer distance than the former. Sound is therefore an important
- 37 sensory modality for marine species that rely heavily on it to make contact with their environment

- 38 (Codarin & Picciulin, 2015) for communication, predation, and orientation. If sound propagates well
- 39 at sea, the noise generated by human activity can also travel great distances and affect the lives of
- 40 marine life (Slabbekoorn et al., 2010).
- 41 The Marine Strategy Framework Directive (MSFD) (Van der Graaf AJ, Ainslie MA, André M,
- 42 Brensing K, Dalen J, Dekeling RPA, Robinson S, Tasker ML, Thomsen F, Werner S, 2012) of the
- 43 European Parliament and of the Council states that noise at sea can have a negative impact on marine
- 44 life (Commission Decision (EU) 2017/848, 2017) and requires Member States to take measures to
- 45 prevent adverse effects on marine species. Following (Popper & Hastings, 2009), underwater noise is
- 46 defined as sound that has a deleterious effect on the marine environment having long-term
- 47 consequences for the different marine species. Effects of marine noise on marine life include
- 48 behavioral responses (Thomsen et al., 2009), masking (Codarin et al., 2009; Hawkins, 2014;
- 49 Vasconcelos et al., 2007), hearing loss (Popper & Hastings, 2009), and physical and physiological
- 50 effects including death (Robinson et al., 2020).
- 51 A variety of sources can generate underwater noise. These sources can be natural, such as for
- 52 example sea waves, rain, or earthquakes; or anthropogenic, such as ships, seismic surveys, and sonar.
- 53 Recently, offshore wind farms (Mooney et al., 2020) and tidal turbines (Haxel et al., 2022) have also
- 54 been considered, while merchant ships are still considered the most ubiquitous and widespread
- source of anthropogenic noise in the oceans (Erbe et al., 2019). Several studies relate shipping noise
- 56 mainly with propeller cavitation and ship speed (Sezen et al., 2021). The International Maritime
- 57 Organization (IMO) and the European Union identified strategies to reduce underwater noise. In the
- context of the Marine Strategy Framework Directive (MSFD), the EU adopted indicators and
   recommendations for a Good Environment Status (GES) in the case of underwater noise. The IMO
- 59 recommendations for a Good Environment Status (GES) in the case of underwater noise. The IMO 60 Correspondence Group focused on ship design and construction and developed technical guidance on
- 61 how to reduce noise pollution. In particular, following (Leaper & Renilson, 2012) changing ship
- 62 design and lowering speed can reduce considerably the overall contribution of ship noise to the
- 63 global ocean noise budget.
- 64 Masking is a situation that occurs when a loud sound interferes with the intelligibility of a quieter
- one. This can be particularly serious if the frequency spectrum of the masking sound overlaps with
- 66 that of the masked sound, and in the case of marine species when the noise has a similar frequency to
- 67 biologically important signals, such as for example mating calls (Erbe et al., 2019). In addition, not
- 68 only communication can be at stake due to masking, but also echo-location and the detection of 69 environmental and predator-prev sounds. Masking is a very common feature of natural
- 69 environmental and predator-prey sounds. Masking is a very common feature of natural
   70 communication systems, while it is not simple to model because it is defined by several factors
- communication systems, while it is not simple to model because it is defined by several factors that generally are not simple to estimate and that are related to the sender, the environment and the
- receiver. The sender emits a signal with a specific spectral characteristic at a given source level. The
- receiver. The sender emissical signal with a specific spectral endracteristic at a given source level. The signal propagates through the environment where it is subject to physical phenomena such as
- attenuation, scattering and absorption that modify the signal. During the travel, the signal adds to
- 75 other sounds from natural sources and to anthropogenic noises that distort the original signal.
- 76 Eventually, the resultant signal is sensed as a function of the listener's auditory system.
- 77 Hearing sensitivity describes how marine species react to acoustic stimuli. This can change from
- 78 species to species. Marine invertebrates, for example, lacking gas-filled cavities, respond mostly to
- 79 particle motion, while other receptor systems can also be present. Cephalopods, for example, have
- 80 superficial receptor systems sensitive to local water movements (Roger T. Hanlon and B.-U.
- 81 Budelmann, 1987) and the statocyst (Solé et al., 2023) which is similar to the vertebrate inner ear
- 82 (otolith). In bony fishes hearing is realized by the close relationship of the swim bladder and ear

83 region (Tavolga et al., 2012). Marine mammals have a hearing apparatus like all other mammals. The

84 human ear has a potential maximum frequency range of 20 Hz to 20 kHz with the best sensitivity

85 between 500 Hz and 4 kHz, which is also the range where most of the speech occurs. We know that

86 many animals hear sounds that are inaudible to humans such as elephants, that communicate with

87 infrasound signals at frequencies lower than 20 Hz. Different species perceive sounds differently and

- 88 in different frequency ranges (Fay, 1994). This means that a noise disturbs the single marine species
- 89 or not, depending on the fact that it falls or not within their hearing frequency ranges and is
- 90 compatible or not with their physiology.

## 91 **1.1 Public awareness of underwater anthropogenic noise**

92 The negative impact of anthropogenic noise is rarely borne by the actors that generate it, while it is 93 very often a burden on society. This is mostly due to a lack of awareness of the topic by the general 94 public. In the cases where this issue emerges, it is focused mainly on the impact it has on marine 95 mammals, while there is less concern about fishes and invertebrates. At the same time, the public 96 perceives underwater noise originating in maritime and inland waterway traffic as less significant in 97 comparison to other types of pollution (Vukić et al., 2021). In fact, if in urban areas, noise pollution, 98 such as that originating from traffic or industries, has been recognized as not only an environmental 99 nuisance but as a threat that can damage health and reduce the nearby property value, the Maritime 100 sector has been traditionally considered less relevant (CE Delft et al., 2019). On the contrary ship 101 noise can endanger seafarers and passengers, affect port areas, coastal residents and, as mentioned 102 earlier, marine fauna (Badino et al., 2012). Following Nastasi et al. (Nastasi et al., 2020) noise has 103 only recently been considered in port sustainability assessments. As a matter of fact, the impact of 104 noise on citizens in port areas has also been underestimated; for example, in the port of Livorno, 105 noise from arriving and departing ships has been measured to increases by 6-10 dB above existing 106 background noise levels (Fredianelli et al., 2020). In this perspective, several international initiatives 107 to monitor underwater noise have rapidly appeared such as, to name only a few, Jomopans 108 (Kinneging, 2023), Soundscape (Petrizzo et al., 2023) or CORMA (Diviacco et al., 2021). These, 109 using hydrophones, have the ambition to reconstruct a model of the sound pressure at sea in the 110 designated area, and using sound propagation modelling, to cover large marine areas where

111 measurements have not been carried out, to identify anomalies and hotspots and communicate this

- 112 information to policy makers and the public.
- 113 The relationship between economic development and pollution has been interpreted within several
- 114 paradigms (Mensah, 2019; Perman & Stern, 2003; Stern, 2004). From the Environmental Kuznets

115 Curve (EKC) (Grossman & Krueger, 1991) through the Brundtland Report (Brundtland, G.H., 1987)

- to the 2030 Agenda for Sustainable Development with Sustainable Development Goals (SDGs)
- 117 (Transforming Our World: The 2030 Agenda for Sustainable Development. Resolution Adopted by
- 118 the General Assembly on 25 September 2015, 42809, 1-13., 2015). These interpretations integrated
- 119 progressively the dependance of sustainable development on income-independent, time-related
- 120 factors such as for example the different behaviors of different pollutants (John & Pecchenino, 1994)
- 121 (Lopez, 1994) (McConnell, 1997) (Selden & Song, 1995). (Dasgupta et al., 2002) for example,
- 122 claims that while some traditional pollutants might have an inverted U-shape EKZ curve, after an 123 initial increase in pollution, there should be a decrease, which some scientists associate with
- initial increase in pollution, there should be a decrease, which some scientists associate with economic growth, the new pollutants that are replacing them do not. In this perspective, noise
- pollution is unique in comparison with other forms of pollution since it is the only one that
- disappears completely and immediately when the source of pollution is shut down. From this
- perspective, public engagement plays a crucial role in the development of measures to reduce noise

- 128 pollution in general (Khatibi et al., 2021) (Ernst & van Riemsdijk, 2013) (Lassen et al., 2011) and in
- 129 the case of noise pollution in particular.

#### 130 **1.2** Learning and social participation through play

131 The importance of play in learning was already recognized at the times of John Locke (Androne, 132 2014). Following (Rieber, 1996) play is a very important activity in psychological, social and 133 intellectual development, it is strongly motivating and grants learners to find participating in the activity to be rewardful without the need of external incentives. (Parker & Thomsen, 2019) examined 134 135 a large literature on the topic highlighting that all considered papers report that playful experiences lead to deeper learning. Problems have been also identified, but they mostly lie in the social 136 137 acceptance of learning through play. The importance of playing in learning can be traced back to the 138 observation that when players first start to play a new game, they learn how it 'works' (Wagner, 2015), acquiring knowledge and awareness on the context of the game and of players previous 139 140 experiences and beliefs (Friedenberg & Meier, 2017). These latter, in particular, could have been 141 shaped previously by external factors such as for example the social media and the web, which can 142 have a detrimental effect on public environmental awareness. Information technologies, and social 143 media in particular, can alter people's mental attitudes from a very young age (Chen & Madni, 2023) 144 vehiculating wrong messages. Distrust in science can be problematic for society as a whole. For 145 example, people who do not believe in anthropogenic climate change will see no need to take 146 political action to slow its progress (Huber et al., 2019). The relationship between learning and social 147 engagement is therefore extremely relevant. Following (Galston, 2001) knowledge and education are

- 148 the most important aspects to consider in this perspective. In the absence of formal education or
- 149 individual life experience (Rothstein, 2003), 'incidental learning' (Tewksbury et al., 2001) can also
- 150 influence one's level of social engagement.
- 151 Serious games are games that incorporate elements of serious applications, that aim to teach, to
- 152 exercise and to change behaviors (Göbel et al., 2010). Serious games are known to be a powerful tool
- 153 for engagement and education. They can generate collective intelligence and environmental practices
- 154 faster than other existing means (Flood et al., 2018).

## 155 1.3 Objectives

- 156 The 2030 Agenda resolution extends its scope to social, economic (Transforming Our World: The
- 157 2030 Agenda for Sustainable Development. Resolution Adopted by the General Assembly on 25
- 158 September 2015, 42809, 1-13., 2015) and environmental development in five areas of critical
- 159 importance: People, Planet, Prosperity, Peace and Partnership. Within this framework, Target 4.7
- 160 promotes sustainability education, in order to "Empower people to take responsibility for present and
- 161 future generations" and "actively contribute to societal transformation". With this in mind, while
- 162 participating in many activities related to anthropogenic underwater noise we realized that the general
- 163 public suffered from a knowledge-action gap, probably due to a lack of understanding of the topic we
- are addressing, and that people could be much more engaged and supportive if they were better
- 165 informed about this issue. With this in mind, we decided to launch a specific outreach initiative (the
- 166 Noixe Project) to raise awareness of anthropogenic underwater noise.
- 167 Since the beginning of the initiative, we were faced with the problem of understanding how this can 168 be put into practice and answering research questions such as:
- 169 Are top-down science outreach initiatives appropriate to enable people to participate in building new
- 170 knowledge and raise awareness of anthropogenic underwater noise, or would it be better to consider

- 171 other means to reach the general public? And in the second case, can playful activities and serious
- 172 games be more effective, especially among the new generations? (RQ1).
- 173 Are there differences that need to be taken into account when addressing different age groups or
- motivation levels of participants, or can we develop a one-size-fits-all tool? (RQ2) Can such
- initiative be hosted on the internet? And how? And what do we potentially risk losing? (RQ3)

#### 176 **2** Methods

- 177 Within the Noixe project, we tested different approaches, from simple playful activities to more
- 178 complex serious games with the aim of explaining the following sequence of concepts: (i)
- 179 *communication*, (ii) *noise* and (iii) *masking*, which are necessary to understand anthropogenic
- 180 underwater noise. In doing so, we strived to give participants the opportunity to experience physical
- 181 phenomena, mechanisms, and effects and to recognize their own role and relationship to them.
- 182 After a variety of trials and experiences, the final design of the project's public events was based on
- 182 selecting the most effective, but also the simplest activity that would allow participants to understand
- 184 each concept.

#### 185 **2.1** Playful activities to understand the concept of communication.

- 186 The first and fundamental concept to explain is: what the term *communication* actually means. The
- 187 Shannon–Weaver model (Shannon, 1948) describes how communication takes place in terms of five
- 188 basic components: a source, a transmitter, a channel/medium, a receiver, and a destination.
- 189 To translate these concepts into something that participants of any age can understand we tested the
- 190 popular children's game *Chinese whispers*. Its name in other languages such as French (*téléphone*
- *sans fil*) or Italian (*telefono senza fili*), besides the fact of being naively anachronistic (meaning
- 192 wireless telephone) connotates better what we want to convey.
- 193 Before the game begins, all the terminology (e.g. what a source is) is briefly introduced. The
- 194 participants are then divided into two teams and placed one behind the other in two rows. The first
- participant in each team's row is given a message to whisper in the ear of the next participant in the
- row. Each team receives a different message. When all participants have passed on the message, the
- 197 last team member in the row finally tells the audience what he/she has received. The comparison with 198 the original message inevitably leads to amusement for everyone. At the end of each experience, the
- the original message inevitably leads to amusement for everyone. At the end of each experience, the concepts are summarized again and the participants are randomly asked a few questions to check
- whether they have understand them correctly.
- 200 whether they have understood them correctly.

#### 201 **2.2 Playful activities to understand the concept of noise.**

202 Once all the terminology has been grasped, it is possible to introduce the concept of noise as a

- 203 disturbance in communication that renders the message unintelligible. In this we tested a role play
- where a message must be dispatched in a classroom from the teacher (source) to a couple of
- 205 volunteers (receivers) while the rest of the participants, positioned in between, are encouraged to
- 206 produce as much noise as possible. This set up is very familiar to most school classes and teachers,
- 207 but we must say that, so far, we have never encountered any group of people (of any age) that was
- 208 not enthusiastic about being free to shout, clap and/or stomp. When the playful activity is offered to
- 209 primary schools, once the concept of how much a disturbance can obliterate the message is
- 210 acknowledged, we noted also a general realization by students of how hard the work of teachers can

- 211 be; something that can be a goal in itself. Also in this case we found very useful, at the end of the
- activity, to summarize what noise is and check with the audience that the concept was fully
- 213 understood.

214 In our experience, these games are very effective in explaining the mechanisms of communication

- and noise. There has never been a need to resort to more complex methods, so they have been
- adopted as an introductory part of the Noixe events, following the principle of being as simple as
- 217 possible.

#### 218 **2.3 Masking and perception.**

219 While the playful activities explained above are very effective in explaining what communication and 220 noise are, in our experience it proved more difficult to explain a more complex concept such as masking using only this approach. As mentioned above the phenomenon of masking consists in the 221 222 difficulty to hear a sound where a noise overlays it. From a perception point of view this can be a 223 very complex phenomenon. Human beings have specific psychoacoustic mechanisms that allow them to 'unmask' hidden sounds. An example of this is the so called "cocktail-party effect" (Cherry, 224 225 1953), which is the ability of listeners to select the target speech while ignoring other ambient 226 sounds. Recent research discovered that this ability is mostly due to binaural hearing (Bronkhorst, 227 2015). In fact, the 'shadow' effect that the head exerts allows the brain to calculate the difference 228 between what arrives at the different ears providing a clue on what the actual message could be 229 (Lingner et al., 2016). At sea this is very difficult to take place since the speed of sound is five times 230 faster than in the air and that the shadow effect is minimal considering that the density of marine

- species bodies is similar to that of water. These factors reduce binaural detection (McFadden &
- Pasanen, 1978). Directionality is perceived by those few marine species that are equipped with
- 233 specific sensory organs.

#### 234 **2.4** Experiencing masking in a serious game.

To let participants experience the phenomenon of masking we decided to develop and test a serious game where the phenomenon is replicated in a controlled environment and where it is possible to interactively hear and combine sounds and noises. (Cagiltay et al., 2015) maintain that, leveraging on

- competition, participants can be highly concentrated and motivated to take part in the learning
- activities. Considering this and the fact that the experiences with the above-described introductory
- 240 playful activities were very positive, we decided to focus on a quiz-like set up, where participants are 241 gathered in two teams: in our implementation the 'blue team' and the 'red team'.
- The aim of the game is to identify sounds that are covered by noises. The team that identifies the most sounds before the opposing team wins.
- At the beginning of the game, a leader is appointed for each team, who is responsible for collecting suggestions and responding on behalf of their team.
- 246 The workflow consists of a loop of an odd number of rounds in which an acoustic signal is emitted to
- 247 all participants via a loudspeaker. At the beginning of each round, a different noise and sound is
- 248 uploaded in the system (Figure 1), with the noise set to 100% level and the sound set to 0% level.
- 249 This makes it impossible to identify the sound at the beginning of the round. We use only easily
- 250 identifiable sounds from everyone's everyday experience, such as a dog barking, a bird chirping or a
- 251 musical instrument playing.

- 252 During each round, while the participants are still trying to figure out which sound it is, the balance
- between sound and noise in the emitted signal is slowly changed by increasing the sound level and
- 254 decreasing the noise level.
- 255 This process creates a general tension that excites the participants. As soon as the noise becomes
- audible, the participants in each team begin to discuss the possible solution. At the same time, they
- 257 have to make sure that the other team does not overhear their discussion, which creates a sense of
- belonging to the team and further motivates the game participants.



260

Figure 1: Noixe serious game workflow

261

Once the team has agreed on a possible answer, the team leader books the answer pressing a quiz button and then proposes the solution. If the answer is correct, the team receives a point, and the game can move on to the next round.

265 Once all the rounds have been done, the winning team is appointed and presented with a reward 266 which generally consists of a gadget.

#### 267 **3** Materials and equipment.

To let players experience the masking effect in a standard outreach environment such as classrooms, 268 269 gazebos, or open-air events, and exclude binaural detection one single monophonic acoustic source is 270 positioned frontally to the participants. Headphones can also be used to send exactly the same signal 271 to each headphone side, but we preferred a small public address (PA) system. In fact, using a PA 272 system all participants are simultaneously involved in the activities and interact among them, while 273 headphones would isolate them from the environment and the other participants. In addition, we 274 wanted to be sure that the sound pressure within the headphones cannot, in any way, damage the ears 275 of the participants. Possible (although only remotely) mistakes in devices connections or glitches in 276 the recordings could trigger theoretically unpleasant effects. This, of course, can happen also with a

- 277 PA system, but in that case, the sound pressure will be dispersed in a larger area and not directed
- 278 only into participant's ears.



280 281 282

Figure 2: Noixe serious game schema and event example (Photo, courtesy of the Center for the Promotion of Science, Belgrade, Republic of Serbia)

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P12	287
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HAT I	291
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Figure 3: Close-up of what we call the 'ship's wheel' device (left). Turning the ship's wheel the

294 operator changes the balance between noise and sound allowing the sound to be progressively 295 intelligible. On right of the image, it is possible to see a close up of the quiz button that allows the 296 team leader to book the answer and exclude the other team.

Throughout each round, while teams are still trying to figure out what is the hidden sound, the balance of sound and noise in the signal that is output from the PA system is varied using an external

- 299 device we call the 'ship's wheel' (Figure 3). Turning the wheel, the level of noise can be decreased
- 300 and concurrently the level of sound can be increased.
- 301 In order to avoid team leaders pressing the quiz button by mistake or out of time, we introduced a
- 302 security lock on the quiz button. This needs to be reset at the end of each round but allows to avoid
- 303 endless and vibrant discussions on the possibility that the system did not react properly.
- 304 Participants can see which team can answer looking at a large monitor where a circle appears with
- 305 the corresponding color (red or blue). Similarly the operator can see which team has booked the
- answer on a large colored led near the 'ship's wheel' (Figure 4).



Figure 4: A well visible screen shows a vertical bar indicating the balance between noise (grey) and
sound (white). When one of the teams books the answer, the screen notifies with its corresponding
color who is entitled to answer.



312

313

Figure 5 Noixe serious game electric scheme

#### 315 **3.1 Technology**

- The game was implemented using a PC, connected to a large display and to a PA system. An external
- box hosts an Arduino board and some dedicated electronic circuitry. The box was made by means of
- 318 laser cutting techniques and hosts a big flashing light that changes its color (using RGB controllable
- Leds) to that of the team that booked the reply. The box hosts also the connections of the two big
- quiz buttons, one for each team and the 3D printed 'ship's wheel'. This controls a potentiometer,
- 321 connected to an analog input pin. The push buttons (quiz buttons and reset button) are simply
- 322 connected to ground and to digital inputs, in pull-up mode. The RGB Led is an addressable model
- 323 WS2812B, controlled with the open library FastLED.h.
- 324 The Arduino board collects the input from the wheel and the buttons; controls the RGB Led and
- sends and receives commands through the USB serial link. In Figure 5 it is possible to see the
- 326 electrical diagram.
- 327 The Arduino software is based on a state machine algorithm. It starts in "LOCK" state, waiting for
- 328 the wheel to reset. When the wheel is in the initial position (full noise), the system switches to
- 329 "READY" state. Here the volume level is read and sent through the USB as a text message "Vn",
- 330 where n goes from 0 to 100.
- 331 If one team presses the red or the blue button, the system enters a "RED" or "BLUE" state, sending a
- text message "R" or "B". When the round is over and a new sound sample has been loaded, pressing
- the green reset button the system switches back to the initial state and sends a message "X".
- 334



336

Figure 6 Noixe serious game status scheme

- 337
- 338 On the PC side, we developed a specific software using Processing (a graphic environment based on
- 339 Java) that receives text commands through the USB cable and displays on an external monitor the
- 340 levels of noise and signal as a crossfade bar. When a team presses a quiz button, the software notifies

- 341 which was the quickest team playing a sound, changing accordingly (blue or red) the color of a large
- 342 circle in the external monitor for the participants, and the LED in the wooden box for the operator.
- 343 The technology described so far does not address the actual interactive sound generation, which is
- demanded to another software developed using Pure Data (PD). PD is an open-source visual
- 345 programming language for multimedia. Hardware, Processing and PD scripts are linked through
- 346 Musical Instrument Digital Interface (MIDI) connectivity. MIDI is a standard to transmit and store
- 347 musical information such as musical notes, timings and pitch information.

348 PD scripts are commands that can be translated to a visual environment where they are shown as a

- 349 workflow. There, each variable is expressed in its numerical form or as a graph (Figure 7). When one
- 350 of the PD script developed within the Noixe project is launched, a hidden sound is uploaded in a slot
- and its level is set to zero (Figure 7 marker 1), while a noise, set to maximum level, can be uploaded
- either as a sound, or in the case of white noise can be generated directly within using the ~noise PD
- object (Figure 7 marker 1). Once sounds are uploaded the PD script listens for MIDI messages sent
- from the Processing software that receives commands from the Ship's wheel on the Hardware box. When the operator turns the ship's wheel the balance between sound and noise is changed in order
- When the operator turns the ship's wheel the balance between sound and noise is changed in order that the sound becomes more intelligible. When the leader of one of the teams presses the quiz
- button, every part of the system gets frozen, until the answer is given.



- Figure 7 Pure data (PD) script that generates interactively the output waveform (purple boxes),
  mixing the masking noise and the hidden sound (red box) played indefinitely (blue box), upon a
  balance value provided by the external hardware (green box).
- 362

#### 363 **3.2** Web based version of the game

- 364 During the SARS-CoV-2 pandemics, playful activities such as that described above were almost
- impossible to organize. In the area where our team locates most of its initiatives (Italy) the
- 366 government opted to follow a mitigation strategy that involved policy actions based on "social
- 367 distancing", including a full society "lock-down", and restrictions on freedoms of movement and
- 368 meeting. In order to continue with the outreach and sensibilization activities on the topic of
- 369 underwater anthropogenic noise we developed a web-based version of our playful activity that can be
- accessed at the following URL: <u>https://noixe.ogs.it</u>.
- 371 The web portal of the initiative proposes an initial introductory video where all the concepts are
- 372 explained. The video is an excerpt from the frontal lesson we present at the beginning of every Noixe
- 373 event. A presenter explains some basic concepts to understand the issue of underwater anthropogenic
- 374 noise pollution making use of several animations and images. After the user is acquainted with the
- 375 concepts proposed in the video, the portal allow the user to run the web-based game.
- 376 While devising this new approach to the playful activities, we had to consider several limitations of
- the media in comparison with the live setup version. One of the main problems was related to the
- 378 possibility of having truly synchronic interactivity among multiple participants. Internet connectivity
- is not fully available everywhere and differences in its access might generate a digital divide due to
- 380 income and opportunity inequalities for disadvantaged groups of people. This suggested opting for a
- 381 single user asynchronous game where no time lag can compromise the game experience.
- 382 The schema of the game is the same as in the case of the live setup. At the beginning of each round a
- noise completely covers a sound. Clicking on a button the noise is reduced and the sound increased.
- 384 While this happens, also the score the user gets from answering correctly is reduced. The less the
- noise is reduced the higher the score per round. Eventually the user is provided with a final score that
- 386 can be confronted with fellow friends and school mates. The web version was developed in
- 387 JavaScript and embedded in the web site of the Noixe project.

#### 388 4 Results

- 389 The Noixe project has been running since 2018. During this time we have had the opportunity to
- 390 meet more than a thousand participants of different ages, the vast majority of whom were students
- from primary, middle and high schools. Most of our live events took place in the city of Trieste,
- 392 where our research institute is based, as part of science fairs such as the EuroScience Open Forum
- 393 2020, the European Citizen Science Association 2020 or the annual TSNext event. We also regularly
- take part in open days at many schools. In 2022, we were invited by the Center for the Promotion of
- 395 Science of the Republic of Serbia to hold several Noixe events in Belgrade during the Month of
- 396 Mathematics science fair. These events were attended by a large number of school classes from all
- 397 over Serbia. At the same time, several online events were organized under the auspices of the Italian
- 398 Ministry of Education to introduce the web-based version of Noixe to schools throughout Italy.
- 399 These opportunities were very important to test the design of the outreach events, understand the
- 400 impact on the audience, observe what was missing and improve the workflow.

#### 401 **4.1 Focusing the approach**

- 402 At the very beginning of the project, the outreach activities were formatted as standard frontal lessons
- 403 lasting approximately twenty minutes each. The presentations were held with the aid of standard
- 404 projection slides, which reported on the current state of scientific research on this topic. We observed

- 405 a general interest by the audience probably due to the fact that the topic is on average new and in the
- 406 case of some school classes, due to the expectations grown thanks to the previous introduction and
- 407 contextualization done by schoolteachers. If that format was appropriate, although not particularly
- 408 exciting, for adults or high school students, we soon realized that, notwithstanding the efforts in
- 409 being simple and 'catchy', it was very difficult to attract the attention of the younger participants.
- 410 This was particularly evident in science fairs, where too many stimuli distract the participants and
- 411 make it difficult to concentrate, sometimes even for the presenter. A new interactive approach was
- needed, where participants were to be captivated by an activity and motivated by the relationship
- 413 with other participants.

#### 414 **4.1.1 Different concepts to explain need different approaches**

- 415 Having well in mind the power of games as a learning tool, we then tried a first intrusion into the
- 416 territory of fun, organizing a series of playful activities that could be associated to the theme we were
- 417 handling. As mentioned above, these activities use the familiar children's games Chinese whispers
- 418 and a role-play game that mimic a classroom, reinterpreted to explain concepts such as
- 419 communication and noise. In our experience, these games were very effective in linking something
- 420 we all experienced in our youth, to a scientific explanation of a phenomenon.
- 421 On the contrary, we have found that the phenomenon of masking is very difficult to explain using
- 422 playful activities, such as those mentioned above, only. After some unproductive experiences, we
- then decided to test a more structured approach based on the computer supported serious game
- 424 described in the materials and methods section. There, participants are motivated by competition in a
- 425 quiz-like environment and an operator/game leader controls the noise and sound balance and steers
- the game.

#### 427 **4.1.2 The role of participants' age**

- 428 The reactions to the serious game have been always enthusiastic except for the cases of some high
- 429 school classes. We have found, as a matter of fact, that students in this age group often think-that
- 430 learning through play is only for children. If not considered, this can drive to annoying situations
- 431 where many can be distracted or even bother the rest of the group. On the contrary, if this problem is
- taken into account, we have found that the attitude generally changes very quickly as the game
- 433 progresses and by the third or fourth round of the game, the fun wins out over the reputational
- 434 concerns. To address these cases and other difficulties in steering the events, we realized that
- 435 essentially two strategies can be adopted, and namely (i) tuning the score mechanism and (ii) adding
- 436 further and deeper technical explanations on the phenomenon of masking.

#### 437 **4.1.3 Score handling to improve participants motivation.**

- 438 As we mentioned before, the rules of the game provide that the team that identifies the sound first is
- 439 awarded one point, but what happens when the answer is wrong? There are actually several possible
- 440 rules that can be used. In this it is important to underline that how to score wrong answers needs to be
- 441 decided and described to the participants since the very beginning of the game otherwise their
- 442 reactions during the game can be unpredictable.
- After some experiences in submitting the serious game, we realized that score handling can be usedto improve the motivation of participants.
- The easiest way to handle mistakes is to simply overlook them while remaining in the same round and continue to rotate the ship's wheel in order to reveal more sound while lowering the noise. We

- 447 found that this approach works well with motivated participants, when the game is very satisfying for
- 448 evervone.
- In some cases, when it becomes evident that participants are not able to identify a specific sounds or 449
- 450 when they risk to lose the tension, it is necessary to move quickly the quiz to the next round,
- switching to a different sound/noise couple without awarding any point to the teams. This decision 451
- 452 must be taken by who is in charge of managing the event and can be based only on personal
- sensibility and common sense. This approach has the disadvantage that the game can end too early. 453
- 454 To mitigate this problem, we always keep a few spare sound/noise pairs ready, in order to increase
- 455 the number of rounds.
- 456 In the not-so-rare case of individuals disrupting the rest of the team, or participants simply trying to
- 457 answer randomly, we found very useful a protocol where a mistake, not only results in the team not
- 458 being awarded a point, but rather a point being deducted from the team score. In this case, the other
- 459 members of the team usually reprimand the recalcitrant member, and the game, in most cases,
- 460 continues smoothly. This can be the case of high school students not yet captivated by the game. In
- 461 order to let participants feel more comfortable, we found very useful, in these cases, to insert into the
- 462 game flow, mostly at its beginning, additional stopovers that allow to delve into specific scientific 463 topics with a detail that could match the skills of that age group. This focusses their attention
- 464
- especially when direct questions are posed to them.
- 465 We found that a consolation prize is always to be prepared in advance especially with very young
- 466 participants, in order to relieve frustration of the losing team. In addition, we also found very useful
- 467 to have quick explanations of each concept before and after each activity and ask few basic questions
- to the audience. These questions allow to understand what all participants have learned and if the 468
- message behind the activities arrived and has been internalized. These moments can be used by the 469
- losing team also to show off and recover from any possible regret before leaving the event. 470

#### 471 4.2 **Types of masking sounds**

- 472 One topic we have researched thoroughly is the question of what kind of masking sounds could be 473 used in the serious game.
- 474 In the first four rounds of the game, we use white or pink noise as the masking sound. White noise is
- 475 a random signal with the same intensity at each frequency. Pink noise is also a random signal where
- instead the energy at each frequency falls off at roughly 3 dB per octave. The choice depends on the 476
- 477 acoustics of the venue. Indoors we usually use white noise, outdoors pink noise is generally
- 478 preferred.
- 479 In the following rounds, we replace random noises with anthropogenic noises. This is a very
- 480 interesting field to explore since human capacity of identifying hidden sounds covered by such type
- of well known noises often reserve amazing surprises. We have experienced extensively with sound 481
- 482 recordings of household appliances such as vacuum cleaners, washing machines or hair dryers with
- 483 excellent results, but focusing on anthropogenic underwater noise, we found it very helpful to use
- 484 some recordings of ship engines of different sizes. Engine size is important because it determines the
- 485 spectral extension and shape of the produced sound. This means that different engines mask other
- 486 sounds differently and this can be used to explain the different impact masking can have on different 487 marine species.

- 488 Also in this case, while choosing the sound and noise set, we must consider carefully the ability of
- 489 our hearing system to unmask sounds leveraging brain's ability to dynamically rewire itself
- 490 anatomically and neurochemically upon incoming information (Attarha et al., 2018). Following
- 491 (Vassie & Richardson, 2017), masking, in certain cases, allows even to focus on a sound or exclude it
- 492 from a background, or to improve our concentration, task performance and attitudes.

#### 493 **4.3 Measuring participation and impact.**

Throughout the development of the Noixe project, we endeavored to find methods to measure the willingness to participate in the activities on the one hand, and the impact of the initiative on the participants on the other. In the first case, this could have helped us to choose the approach that better fits the needs of the different target groups, in the second case it could have helped us to understand

- 498 whether our efforts can be effective in improving awareness of anthropogenic noise.
- 499 Given the many factors that influence participant attention, it was extremely difficult for us to
- 500 develop a quantitative method to measure participation. Live events for school classes are subject to
- 501 external social dynamics that are introduced into the event and that can strongly influence the course
- 502 of the activities. Other factors such as the context in which the events take place, e.g. science fair,
- 503 classroom or open space, can also influence participant attention. We tried several times to present
- 504 questionnaires to participants, but they were regularly disregarded, even when the audience seemed
- 505 enthusiastic.

506 When we started working on the web-based version of the game, on the one hand we were very 507 concerned that we might lose the attention of online participants, but at the same time we were more 508 optimistic that we could find a metric for participation and attention given the fact that a software 509 would be used. The online events, similarly to the live events, are based on an introductory part 510 where the concepts are explained. Once this part is completed, participants can start playing the 511 online version of the game. As a first attempt at a metric, we wanted to compare the number of 512 participants in the introductory online events with the number of those that later played the online 513 game. Unfortunately, this was difficult to implement in practice, as it was not possible to determine 514 the number of participants in the introductory events, since participants were not logged as 515 individuals, but as groups, classes or even schools. A second metric we attempted was to record the 516 number of users who reached the end of the game. Since the rounds are sequential and participants 517 are forced to go through all rounds, reaching the end of the game can give an indication of the 518 acceptability of the method and the success of its web implementation. To our relief, we found that 519 all web participants reached the end of the game. Another approach we tried to implement was based 520 on the possibility offered by the web version of the serious game to skip a round if the noise and 521 sound pair was too difficult to guess. We thought of measuring the average time taken to move from 522 round to round. We soon realized that this was not useful, as people's habits and attention are very 523 difficult to categorize, especially during lockdowns, so this metric cannot be representative of 524 attitudes towards the game in this case. The only option was to ask the participants directly about their experiences with small talks. All the answers we received were very encouraging, although of 525 526 course it was not only an unstructured and qualitative evaluation, but also a very incomplete one that 527 might have been distorted also by our presence.

528 To address these limitations, we took a different approach and invited Noixe participants to take part

- 529 in further voluntary activities related to anthropogenic noise. Voluntary participation in these
- 530 additional activities could be a measure of their involvement and of the effectiveness of Noixe. These 531 activities essentially consist of measuring anthropogenic noise in urban areas with a cell phone app
- 531 activities essentially consist of measuring anthropogenic holse in urban areas with a cell phone ap 532 we developed. Although this is not strictly about underwater noise, the concepts behind it and the

awareness-raising process for these issues are the same. After all Noixe events, both live and online,

534 we asked participants to download the app and take measurements in their areas. We received always

a very lively response and a very large database of measurements was collected. In particular at the

- events in Serbia almost 15.000 values were received. These data will soon be the subject of further
- 537 publications. Even if this cannot yet be regarded as a quantitative measure of the impact of Noixe, it
- 538 is very encouraging.

#### 539 **5** Discussion

540 We are confident that our work has answered most of the research questions posed at the beginning 541 of our project. In relation to research question 1 (RQ1), we found that top-down science education initiatives aimed at increasing awareness and knowledge of anthropogenic underwater noise can be 542 543 effective, but only in the case of adults who are already motivated to participate. In contrast, playful 544 activities and serious games almost always prove to be very effective, although we also found that 545 these events cannot be based on a one-size-fits-all approach, which is in line with other previous 546 experiences, such as (Mylonas et al., 2023). In fact, each concept that needs to be explained may 547 have different requirements for the process that allows participants to experience and internalize it. 548 For example, we found that explaining the concepts of communication and the disturbance of 549 communication can be done using simple playful activities, in our case, children's games such a 550 'Chinese whisper' or the role play of a teacher trying to reach a listener while others are shouting. 551 However, we found that is not easy to explain more complex concepts, such as masking, using 552 playful activities only. This can be due to the need of controlling with precision how the change in a 553 parameter is experienced by participants (in our case the balance between sound and a masking 554 noise). Since it is very difficult to control how voluntaries can produce noises with real sources such 555 as their voices, we found more convenient to generate synthetically the masking effect using a PC

556 controlled audio device embedded in a structured serious game such as that described above.

557 In relation to RQ2, we found that each event where the topic is proposed can have its peculiarities 558 that suggest sometimes specific revisions to the design of the outreach activities in order to attract the 559 attention of all participants. In particular we noticed that a crucial element in this sense is the 560 participants' age, e.g., primary school students have a different knowledge level and developmental 561 stage than high school students. Solutions that involve formal operational skills would exclude 562 younger participant but at the same time solutions based on a concrete operational approach only 563 would induce reputational concerns in high school students that will think they do not 'look' grown-564 up enough. On the other side of the age range, we noticed no decline in the engagement in playful 565 activities for learning for adults, which is in line with similar experiences such as for example (Greipl 566 et al., 2019). In this perspective, several studies found positive impacts of playful activities for 567 learning and even on well-being in the elderly (Nguyen et al., 2017). In our experience, in fact, all 568 adult participants were extremely keen to participate to all the activities, either if they were, teachers, relatives to young participants, or simply alone. We have found that it is convenient to introduce a 569 570 reference person to facilitate activities, this is extremely important to explain scientific concepts, but 571 also to motivate the participants, defuse conflicts and possibly involve the teachers.

572 Considering all this, and in relation to RQ3, we found that although very difficult to assess

573 quantitatively, we always received positive feedback from participants. All participants in the online

version completed all rounds, even if they sometimes skipped some rounds that were too difficult to

- 575 attempt. In general their willingness to participate to further citizen science initiatives collecting large
- amounts of data can reassure regarding the effectiveness of the approach we used.

#### 577 6 Conclusions and future work

578 This work confirms that playful activities and serious games can be very effective in raising

awareness and knowledge in the public to the issue of anthropogenic underwater noise. At the same

- 580 time, we found that simpler concepts such as communication and noise can be easily addressed in
- 581 role-playing or customized games, while more complex concepts such as masking require a more
- 582 controlled environment. The difficulty of understanding this concept depends largely on the age and
- background of the participants. While this may seem to suggest that the approach to reaching
- 584 participants needs to be differentiated, we have found that a serious game based on a competitive
- 585 quiz can strongly engage and motivate participants of all ages and backgrounds.
- 586 Building on the experience gained and in order to increase the number of participants engaging with
- 587 the issue of anthropogenic underwater noise, we would first like to improve the web-based
- 588 application we have developed. Better connectivity and new technologies will improve the
- 589 interactivity of online games so that it will be possible to move from an asynchronous to a
- 590 synchronous experience where it will be possible to better utilize team dynamics and motivation. At 591 the same time, we plan to develop a Noixe Serious Game Kit that can be easily replicated and used
- independently by any school or educational institution
- independently by any school or educational institution.

## 593 7 Conflict of Interest

594 The authors declare that the research was conducted in the absence of any commercial or financial 595 relationships that could be construed as a potential conflict of interest.

#### **596 8 Author Contributions**

- Paolo Diviacco: Conceptualization, Funding acquisition, Investigation, Methodology, Project
  administration, Software (PD), Validation, Writing (whole paper).
- 599 Massimiliano Iurcev: Methodology, Hardware, Software (Processes, Web portal), Writing (5.1,5.2).

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